

Latin America and the Caribbean

Argentina, Belize, Bolivia, Brazil, Chile, Colombia, Costa Rica, Dominican Republic, Ecuador, El Salvador, Guatemala, Honduras, Jamaica, Mexico, Nicaragua, Panama, Paraguay, Peru, Trinidad & Tobago, Uruguay, Venezuela



REGIONAL SUMMARY

Boxed numbers indicate the percentage-point change of the average from 2022, 2023 and 2024 with the average from 2023, 2024 and 2025. Loneliness percentage-point change data are not shown as there are not sufficient three-year rolling average data at the regional level.

Employee Engagement

ENGAGED

30% -1

NOT ENGAGED

59% 1

ACTIVELY DISENGAGED

11% 0

Life Evaluation

THRIVING

56% 2

STRUGGLING

42% -2

SUFFERING

2% 0

Daily Emotions

Emotions experienced during a lot of the previous day

STRESS

43% 0

ANGER

14% 0

SADNESS

18% -1

LONELINESS

12%

Job Market

JOB CLIMATE

Good time to find a job

60% 2

TOP TAKEAWAYS

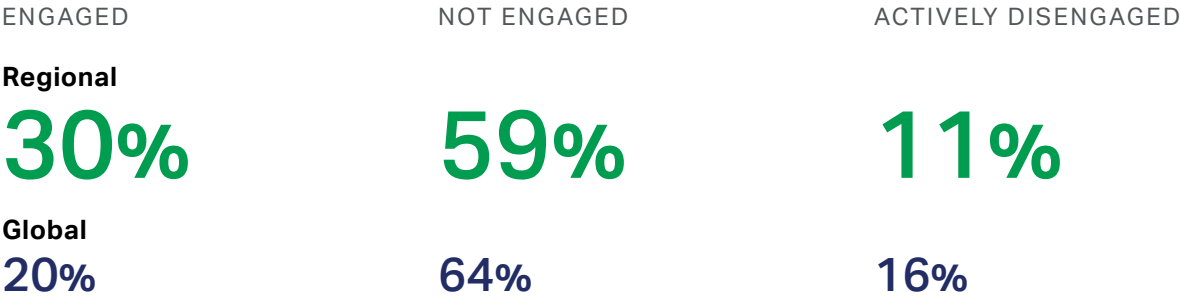
- 1 Thriving ranks among the highest globally, increasing to 56%.
- 2 Loneliness dropped sharply and is now among the lowest worldwide (12%).
- 3 Job market optimism strengthened, reaching 60% — tied for the second-highest job climate rating.

Discover more global and regional insights on the state of the global workplace at [Gallup.com](https://www.gallup.com).



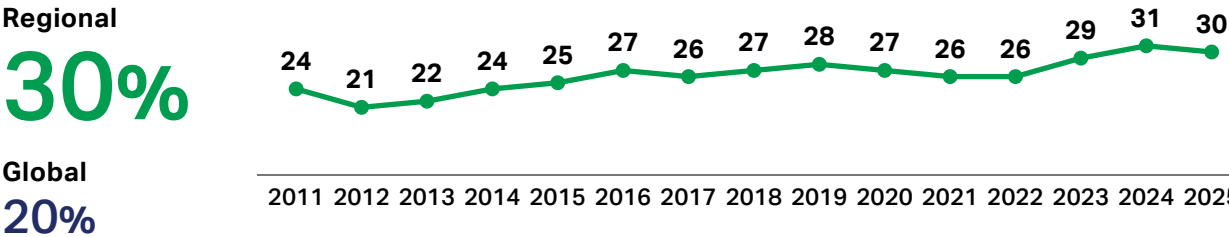
Employee Engagement

Based on Gallup Q12 items; see "Appendix 3: Support Information" for item wording.

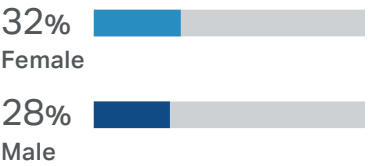


Engaged

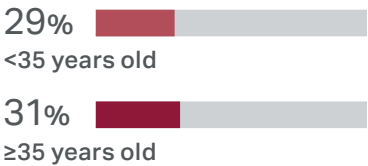
% ENGAGED



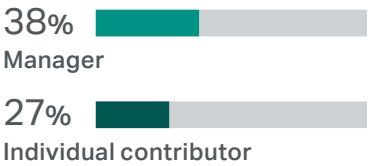
Gender



Age



Job Level





Life Evaluation

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

THRIVING

STRUGGLING

SUFFERING

Regional

56%

42%

2%

Global

34%

56%

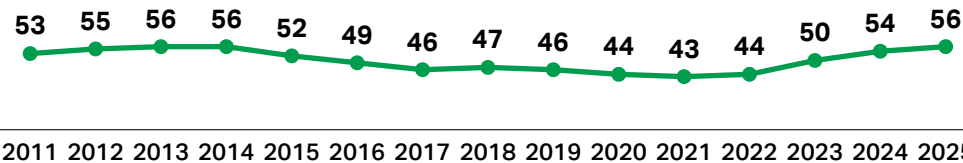
9%

Thriving

% THRIVING

Regional

56%



Global

34%

Gender

59%
Female

Age

59%
<35 years old

Job Level

59%
Manager

54%
Male

53%
≥35 years old

55%
Individual contributor



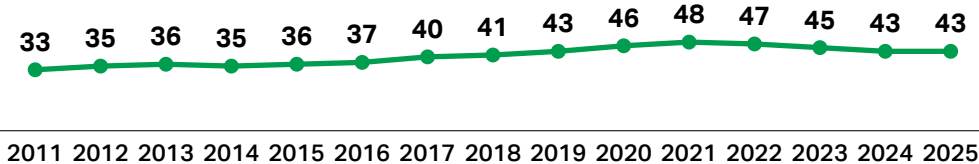
Daily Stress

Did you experience the following feelings A LOT OF THE DAY yesterday? How about stress?

% YES

Regional

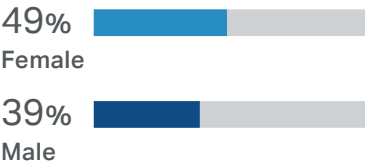
43%



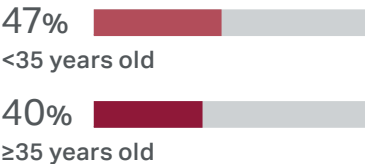
Global

40%

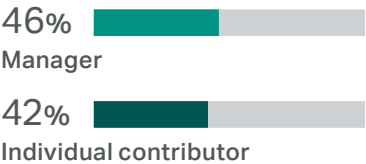
Gender



Age



Job Level



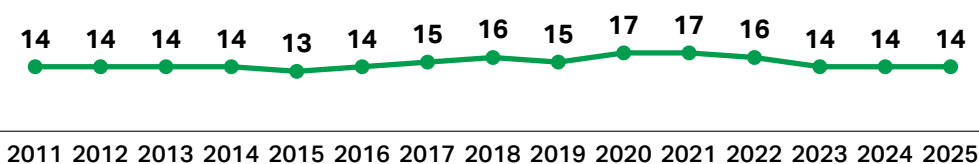
Daily Anger

Did you experience the following feelings A LOT OF THE DAY yesterday? How about anger?

% YES

Regional

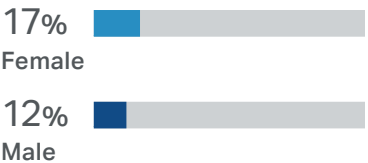
14%



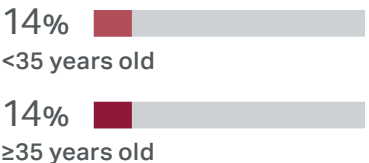
Global

22%

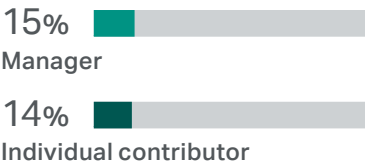
Gender



Age



Job Level





Daily Sadness

Did you experience the following feelings A LOT OF THE DAY yesterday? How about sadness?

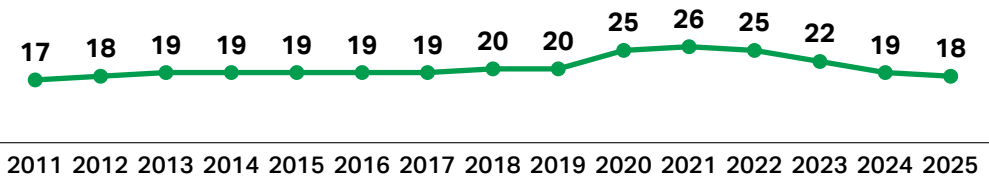
% YES

Regional

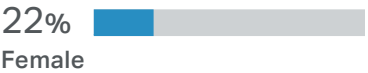
18%

Global

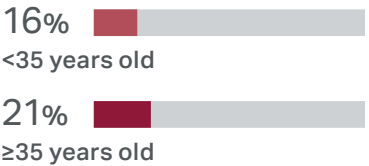
23%



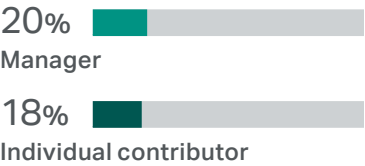
Gender



Age



Job Level



Daily Loneliness

Did you experience the following feelings A LOT OF THE DAY yesterday? How about loneliness?

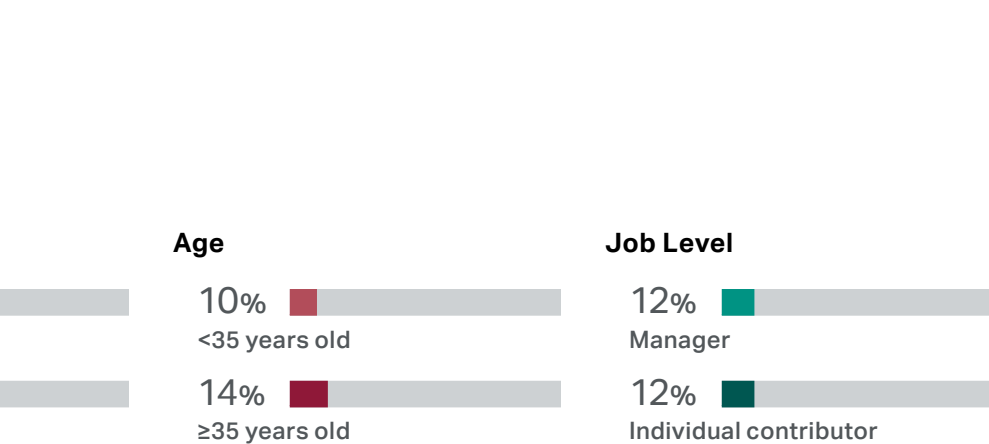
% YES

Regional

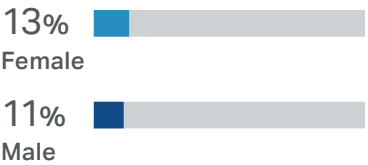
12%

Global

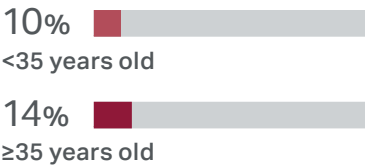
22%



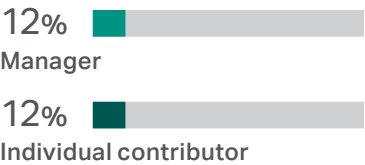
Gender



Age



Job Level





Job Climate

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

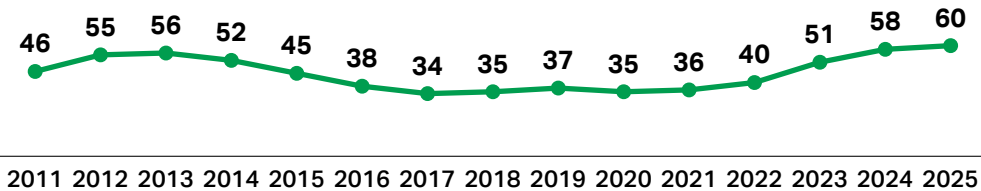
% GOOD TIME

Regional

60%

Global

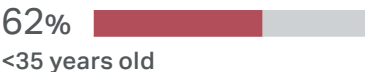
52%



Gender



Age



Job Level

